



BACK *to* SCHOOL *guide*

The parents'
guide to the
unprecedented
2020 school year!

giggle
magazine

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A LETTER TO THE PARENTS

you've got this!

It's that time of year parents! Set those alarms, layout those clothes and pack those lunches as school is back in session! This year, our children will be embarking on a new journey in their schooling and that means new normals, new beginnings and new ways of doing things. With a little planning and lots of coffee, you've got this! Giggle Magazine is here to help you through the school year and make it feel a little more... normal.

Use our printable lunch notes to help remind your kiddo about the joy of lunchtime! Print out our free calendar pages to help your kiddo keep track of assignments, holidays and friends' birthdays! Even use our DIY hand sanitizer recipes to help keep your kiddos' hands clean. In the end, we will make it to the other side of the school year — stronger and more resilient than ever. Moms and dads, you've got this! Enjoy our 2020 Back-to-School Guide: COVID-19 Style!



HOMework CADDY CRAFT

Does your kiddo like to do homework on the go? Are they constantly moving from their room, to the kitchen and then on the floor? If so, our DIY homework caddy is the perfect accessory to make this school year a success!



MATERIALS YOU NEED:

- Wooden Caddy with Handles:
Hobby Lobby, \$15.99
- Hanging tin cups:
Hobby Lobby, \$1.99 each
- Any Fabric:
*about 12 x 16 inches of fabric
(each side is roughly 12 x 8 inches
before folding and gluing)*
- Hot glue gun
- Hot glue sticks

How To Glue

The Fabric Pockets:

01

Cut fabric down to a size that fits the side of your caddy with extra room on all sides to fold over.

02

Hot glue a long line down all the sides of the fabric and fold the edge over the glue to hide the cut line and any unevenness. Make sure the height of the now glued square is the height you want the pocket to be.

03

Hot glue the left side of the pocket down to the left side of the box.

04

Using one hand with your fingers squeezed together, place your hand to the right of the glued down side and drape fabric over top the hand. Then glue another line down the center of the box and push the fabric down (carefully because the glue is hot). Repeat one more time for the next pocket, making sure the last line of glue is all the way to the edge of the box, and be sure to curl the fabric under, so you do not see the edge of the fabric.

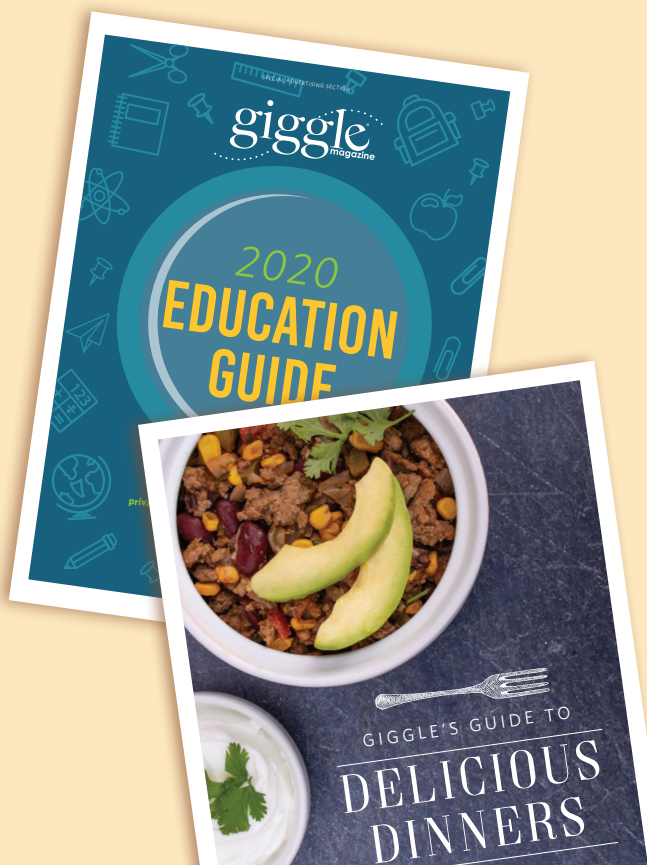
05

Glue a long line along the bottom of the box to seal off the bottom of the pockets.

Published in Giggle Magazine August/
September 2019 Issue | Written by Giggle Staff

TIPS and TRICKS

- Look for a caddy big enough for your folders and homework papers to fit in.
- Always supervise young children when using hot glue.
- Get a caddy with handles to help when carrying from room to room.
- Personalize with different types of fabric.
- Pockets and tin cups help to separate supplies and keep them tidy.



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DIY HAND SANITIZERS

If you can't get your hands on a store bought hand sanitizer, try these easy-to-make, homemade concoctions below.



Life can't stop because of the coronavirus. We still have to work, care for children and buy groceries, which is why hand sanitizer is essential for when you need on-the-go cleansing. You may come up empty handed in your pursuit as people are stockpiling cleaning supplies. Lucky for you, there are DIY hand sanitizers that are both safe to use and act as a protective barrier.

Soap and water are the most effective way to clean your hands, according to the Center for Disease Control (CDC). But if this is not readily available, make sure to reach for a hand sanitizer with at least 60% alcohol. Remember, it

doesn't completely eliminate germs, but it does reduce microbes on your hands for those short moments away from home. Hand sanitizers help you avoid sickness and spreading germs to others. Remember to always keep your hands out of your mouth and eyes and away from your face as much as possible.

How To Use It:

Apply the hand sanitizer to the palm of one hand and rub the product all over the surfaces of your hands until dry. It may not be as effective when hands are visibly dirty or greasy. Rather than cleaning your hands altogether, hand sanitizer acts a deterrent.

1

THE SIMPLE ONE

Alcohol dries and strips skin from its protective oils. This aloe vera gel mixture helps moisturize, but keep in mind that the higher the alcohol concentration, the more likely the irritation. Damaged skin can trap bacteria and viruses, so moisturize afterward!

This recipe requires:

$\frac{2}{3}$ cup 91% to 99% rubbing alcohol (isopropyl alcohol)
 $\frac{1}{3}$ cup aloe vera gel
Bowl and spoon
Bottle with pump dispenser

Instructions:

Use clean tools so you don't contaminate your batch! Mix isopropyl alcohol with aloe vera gel in a bowl. Pour your mixture into a plastic bottle with a pump dispenser or flip top.

2

FOR SENSITIVE SKIN

This World Health Organization recipe uses a high concentration of glycerol, which helps protect against dry skin.

This concoction includes:

12 fl oz 91% to 99% rubbing alcohol
1 tb 3% hydrogen peroxide
2 tsp 98% glycerol
3 fl oz distilled or boiled cold water
Funnel
Plastic bottle
Spray bottle

Instructions:

According to the WHO's recipe, pour the rubbing alcohol through the funnel and into a bottle. Add the hydrogen peroxide. Rinse the teaspoon in distilled or boiled, then cooled water to add the glycerol. Shake the mixture gently, then pour into spray bottles.

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PARENT



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LUNCH BOX NOTES

Make a personalized note for your student and brighten their day!

GOOD LUCK
ON YOUR
TEST TODAY!

(NOT THAT YOU NEED IT)

YAY!
IT'S
FRIDAY!

I AM SO
PROUD OF YOU.

HAVE A
GREAT DAY!
LOVE,

SMILE! IT'S GONNA
BE A GREAT DAY

ENJOY
YOUR
LUNCH



have an
amazing
day!



ENJOY
YOUR
LUNCH!

love,

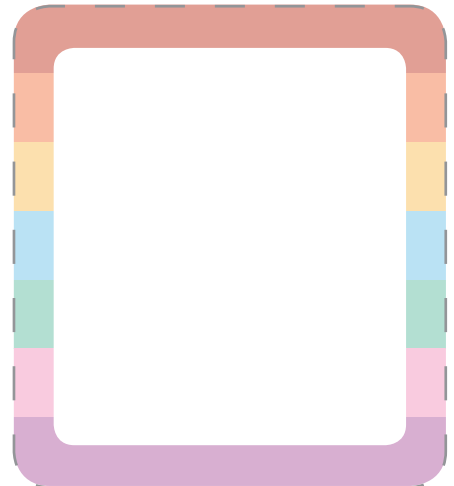
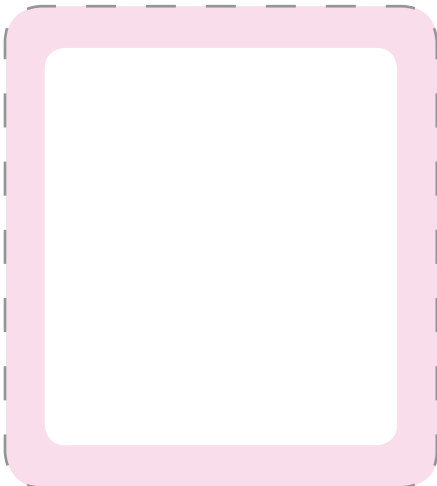
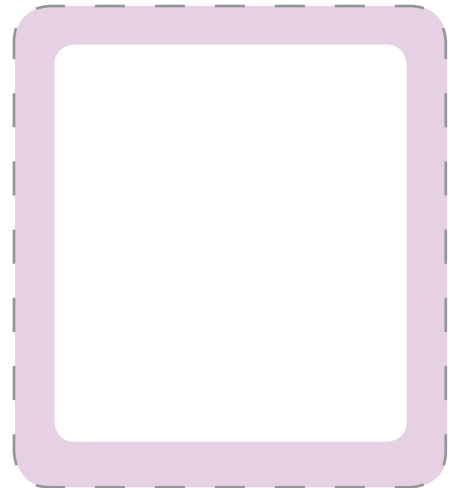
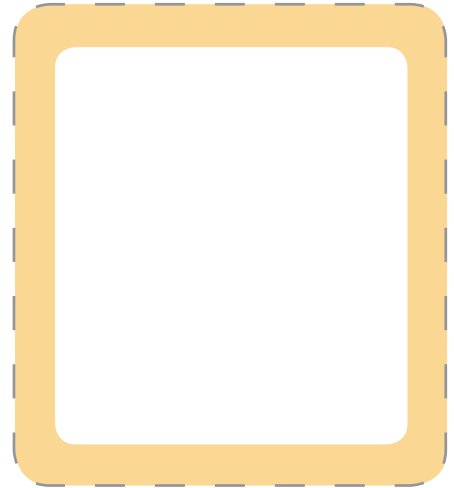
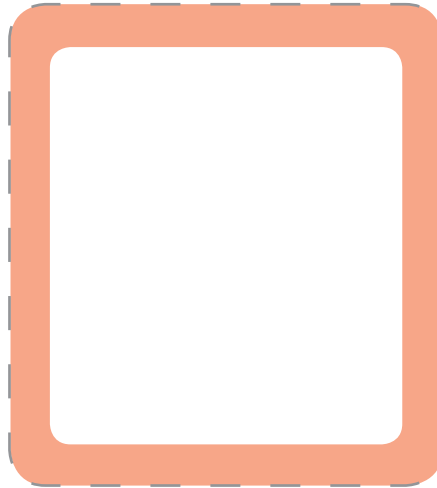
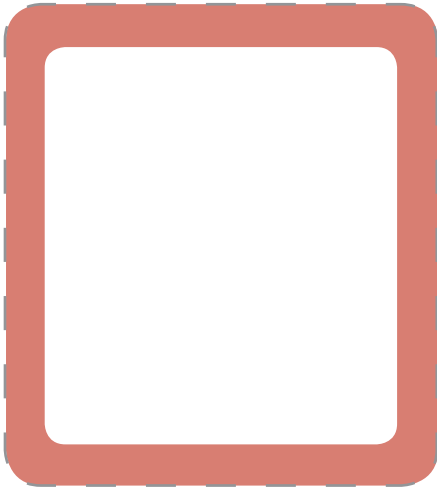
YOU
ROCK!

LOVE,

Just print & cut along the dotted lines!



Want to write your own note? Try these blank ones!



Print these out or save to your iPad and doodle all over it!

WEEKLY PLANNER & MONTH CALENDAR

WEEK OF _____

MONDAY




































TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**SATURDAY
SUNDAY**

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
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a great
school year!

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